

Traumatic experiences may lead to multiple negative mental health consequences, including PTSD, depression, and suicidal ideation. Ethnically diverse people, particularly those who are impoverished, are at increased risk for various traumatic experiences such as intimate partner violence, sexual assault, community violence, and child abuse. While there have been a number of treatments that have evidenced significant reductions in symptoms of distress among trauma survivors, few of these approaches have acknowledged and investigated the role of culture in the trauma recovery process. There are however some promising practices and a few evidenced-based culturally appropriate interventions. This chapter will review current literature on treatment approaches for ethnically diverse survivors. There is a need for more attention to underserved trauma survivors, including but not limited to ethnically diverse survivors.

Fighting Back with Fat: A Guide to Battling Epilepsy Through the Ketogenic Diet and Modified Atkins Diet: 1, The Dont Sweat Guide For Newlyweds: Finding What Matters Most in the First Year (Dont Sweat Guides), I Know Someone with Eczema (Young Explorer: Understanding Health Issues), Joe Wilson and the Creation of Xerox, Change: 19 Key Essays on How Internet Is Changing our Lives (BBVA Annual Series), Guide Tao Foret dOrleans: Chapitre Foret dOrleans du Guide Tao Centre-Val de Loire (French Edition), Number Seventy-Five, The Ultimate Soccer Skills Bundle (Books 1-5), The Borgias,

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